



## Newsletter September 2017

### **Parc Prison Donation**

Prisoners at Parc Prison make generous donations by purchasing food from the prison Canteen and giving it to Bridgend Foodbank as a way of giving back to the community. G4S officers helped to load the food into our van which weighed in at amazing 543.1 kg! It enabled us to feed 150 people for 3 days. We are hoping it will be possible to set up a monthly collection. Many thanks to all involved.

### What's New?

Karen Homans took on the role of Operations Manager for us in January 2017. She oversees the running of our 11 distribution centres in the Bridgend County area and liaises with the referral agencies that issue vouchers to needy clients. Her aim is to ensure that those that are in crisis are able to easily access Foodbanks and are served in a respectful and compassionate way. She is working to increase the amount of signposting the Foodbanks do to put people in contact with other agencies that can give help and support to ensure that people deal with long term issues that may lead people becoming dependant on the Foodbank.

### **Celebrations!**

A successful audit was carried out by the Trusell Trust in June. Careau Foodbank was visited and given a glowing report. Auditors were very impressed with the friendliness of the centre and how individuals' needs were addressed. The drop-in is important as it is an area of high deprivation. Even if it's just for a cup of tea and a chat, is a great support for the community.



### St Theo's Parish Shop Kenfig Hill

Emergency food parcels are available for collection between **10am** and **12pm** on a Saturday for people who find themselves without food at weekends. People do not need vouchers but must provide some proof of how many people are in their household.

#### **New Foodbank**

Our new centre in **Cymmer** was successfully set up in March this year. It is open on **Thursday afternoons** from **1 – 3pm**, at **Gilgal Community Church** and has provided much needed relief for a very isolated area.

## **Shopping List**



We are very grateful for the generosity of the local community who donate food so we are able to make food available for those in need.

A few items we are often short of are:

- Long-life Milk and Juice
- Tinned Fruit and Vegetables
- Corned Beef
- Meat/Fish Paste
- Coffee
- Cereals
- Small Sponge Puddings

Where possible it is best if you can donate smaller packs of items rather than 'bulk' items as these can be distributed between a number of food parcels more easily.

#### Not only food...

'Period Poverty' has been in the media recently as those who find themselves without enough money for food are also often unable to provide feminine hygiene products for themselves and their daughters. This can lead to a variety of consequences including young people not attending school at these times.

Donations of these products (and also babies' nappies and toilet paper) are therefore welcomed.

5460

We fed a total of **5460** people between July 2016 and June 2017. 4004 adults and 1456 children which was an increase of 112 on the previous year.

# e-vouchers

We are currently piloting an **e-voucher** system which will make it easier for referral agencies to issue vouchers and monitor who is accessing the service. They will look exactly the same but Referral Agencies will print their own vouchers so will never run out!!!

This system has been very successful in some other Trussell Trust Foodbanks so we expect to be able to roll it out to agencies that issue large amounts of vouchers in 2018

#### We are sad to be saying "cheerio" to Eva Foster, one our longest serving volunteers.

She will be celebrating her 90th birthday this month, and is leaving the area to live in Leicester, near her family.

All of us in Nolton Street send you many thanks Eva and our good wishes for the future.



We will be out in our yellow van collecting donations from Harvest Festivals held at schools and churches across the county. These collections provide the basis for the stocks of food we distribute over the Winter months.

Our thanks to everyone who takes part.



www.bridgend.foodbank.org.uk e: info@bridgend.foodbank.org.uk t: 01656 858713